



## BLACKMINSTER MIDDLE SCHOOL

Executive Headteacher: Ms Linda McQuone BSc(Hons), MA(Ed), PGCE, NPQH, MCCT

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Dear Parents and Carers,

As a part of your child's education at Blackminster Middle School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the final 6 weeks starting Monday 7th June, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. This is a statutory subject in the curriculum. RSE lessons in key stage 3 will include teaching about: healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, please make contact with me at the school.

Yours sincerely,

Jane Pitkeathly

Subject lead for Key Stage 3 PSHE education

